



## Fleetwood Pool - 2023 Private Swim Lessons

- This is a different option where your child will receive one-on-one instruction from a lifeguard. The lifeguards who are providing the private lessons have experience teaching lessons to swimmers and they also have experience swimming competitively.
- The lesson can be scheduled to meet your preferred day/time. Each lesson will last 30 minutes and the cost is \$18.00 per lesson.
- **Continuum of skills that will be introduced:** safety rules, increase comfort level in the pool, putting face in the water, jumping in the pool (assisted and unassisted), floating on back, floating on front, proper breathing techniques, proper kicking techniques, freestyle (front crawl) instruction, underwater item retrieval, treading water, diving, passing of our swim test to use the diving board, and stroke development.
- Swimmers must be at least 3 years old.

### How do I register for private lessons?

- Fill out the registration form and provide payment for (1) lesson.
- A lifeguard will be selected to be your child's swim lesson instructor.
- The lifeguard will contact you to set up your first lesson. Lessons can be scheduled for morning, afternoon, or evening times.
- Beginning Sunday, June 4, you can register/pay at the pool between the hours of 12:00 – 7:30pm. No early registrations will be accepted, and are first come, first served. Since this is a new option, there are a limited number of spots. If things go well, we may open up more spots. Updates will be posted on the Fleetwood Borough website (click on the pool tab) and we will post updates on the Friends of Fleetwood Pool facebook page.

Swimmer's Name			
Swimmer's Age			
Parent Name			
Parent Phone Numbers	Home -	Cell -	
Parent E-mail			
Preferred contact method?			
Briefly explain your child's experience in the water.			
Please list any other information you'd like to share about your child.			
Preferred Day(s)	AM – between 9:00-11:00am	PM – between 12:00-5:00pm	PM – between 5:00-7:30pm

Date received: \_\_\_\_\_ Approval: \_\_\_\_\_ Amount Paid: \_\_\_\_\_ Payment method: \_\_\_\_\_