

Fleetwood Pool - 2021 Swim Lessons

When?

- Session 1 (week of July 12 and July 19 - make-up lessons due to weather week of July 26)
- Session 2 (week of August 2 and August 9 - make-up lessons due to weather week of August 16)

Levels offered?

“Beginner Level”

Pre-requisites: swimmers must be able to stand in the 2'6” area of the pool and be able to function in a group environment.

Goal: to help swimmers to become more comfortable in the water and learn pre-requisite skills to be ready to learn how to swim freestyle.

Skills that will be introduced: safety rules, put face in the water, float on back, float on front, proper kicking techniques, jumping in the pool.

“Intermediate Level”

Pre-requisites: swimmers must be comfortable in the water, be willing to put their face in the water, and be able to function in a group environment.

Goal: to learn how to swim freestyle and to pass the Fleetwood Pool’s swim test.

Skills that will be introduced: safety rules, float on back, float on front, proper breathing techniques, proper kicking techniques, freestyle (front crawl) instruction, underwater item retrieval, treading water, diving.

Who are the instructors?

The instructors are current lifeguards at the pool. Staff will wear a mask when teaching the swimmers and the staff to student ratio will be 1:3.

How do I sign up?

Beginning Saturday, June 5 through Friday, June 11, season member holders will be able to register for lessons. On Saturday, June 12, non-members may begin to sign-up. You can register/pay at the pool between the hours of 11:00am-7:30pm. First come, first served. Due to a high demand/many inquiries about lessons, swimmers can only be enrolled in 1 session.

Fleetwood Pool Swim Lesson Registration

Swimmer's Name	
Swimmer's Age	
Parent's Name	
Parent's cell phone	
Parent's e-mail (you will receive a confirmation e-mail once the registration is processed along with more details about the lessons)	

Session 1 Dates and Times

Week of July 12 and July 19 (make-up lessons due to weather will be held week of July 26)

Beginner Level (select one)		Intermediate Level (select one)	
	Mon./Wed. 7/12, 7/14, 7/19, 7/21 10:00-10:30 am		Mon./Wed. 7/12, 7/14, 7/19, 7/21 10:30 - 11:00am
	Tues./Thurs. 7/13, 7/15, 7/20, 7/22 6:00-6:30pm		Tues./Thurs. 7/13, 7/15, 7/20, 7/22 6:30-7:00pm

Session 2 Dates and Times

Week of August 2 and August 9 (make-up lessons due to weather will be held week of August 16)

Beginner Level (select one)		Intermediate Level (select one)	
	Tues./Thurs. 8/3, 8/5, 8/10, 8/12 10:00-10:30 am		Tues./Thurs. 8/3, 8/5, 8/10, 8/12 10:30 - 11:00am
	Mon./Wed. 8/2, 8/4, 8/9, 8/11 6:00-6:30pm		Mon./Wed. 8/2, 8/4, 8/9, 8/11 6:30-7:00pm

Price: \$40.00 for members and \$60.00 for non-members

Date received: _____

Approval: _____

Payment method: _____